
















Sowing and harvesting schedule

The right time for sowing and harvesting varies from year to year due to changing weather conditions. Naturally, geographical climate differences also play an important roll. Furthermore, numerous varieties exist of most species - each with their own characteristics as to development, sowing and harvesting.

Planting out seedlings
Sowing
Harvest only plants grown from seedlings
Harvest
Cover with plastic day and night
Cover with plastic at night and when cold or windy

Longer season

The specifications below are based on the seed suppliers' guidelines combined with our own experience gained through several years of growing under the special conditions offered by a grow tent. As a main rule, you can sow/plant approx. one month earlier in a grow tent than in open soil due to the higher soil temperature and because the soil becomes workable much earlier since it dries faster in a raised bed. The autumn season is also extended by one month extra for sowing and harvesting.













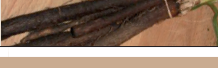




Type	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Comments
Leaf vegetables													Can be grown in grow tent the entire year almost. Lettuce will generally withstand light night frost, but not long-term hard frost.
 Baby lettuce													The lettuce will appear within few days. Cut off the small leaves and use them in a salad - they will reappear.
 Leaf beets													Easy to grow. If the frost is not too hard, you can harvest throughout the winter until spring.
 Field/lamb's lettuce													Sprouts easily. Can be harvested throughout the winter, if the frost is not too hard.
 Head lettuce													Grow seedlings in small pots with one plant each. During hot spells, lettuce will not sprout when sown directly.
 Rocket													Easy to grow. Take off the leaves, even small ones, they will reappear.
 Spinach													Bolts and grows seed stalks when it is hot. Sow early spring and autumn.
 Celery													A few celeries may supply your family with lovely fresh stalks most of the year, however not during hard frost.
Leguminous plants													Particularly suited for grow tent growing. Use a rack or tie up with strings for support and to define the space.
 Beans													Grow seedlings and get an early start. Sprouts easily and evenly when sown directly in grow tent. Fantastic growth.
 Peas													Plants that were supposed to be 40 cm high will grow twice as high. Require strings/rack for support.
Potatoes · Onion · Leeks													Potatoes as early and late season crops. Onions and leeks without diseases.
 Potatoes													Plant potatoes in several batches. Pre-sprout carefully for early season harvest.
 Spring onions													Easy to grow. Does not take up much space in the bed.
 Garlic (onion set)													Easy to grow.
 Onions (for planting)													Cannot possibly fail.
 Onions (seeds)													Onions develop perfectly from seeds in the grow tent. Growing seedlings means early harvest.
 Leeks													Easy to grow from seedlings, but can also be sown directly.

Cover

For many crops, it will not be strictly necessary to use the plastic cover in the autumn or winter although this is specified below. However, the plants will almost always benefit from the extra protection and heat supplied by the cover.

Autumn sowing

The possibilities of sowing in autumn for the purpose of early harvest next year are not specified in detail.

Type	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Comments	
Herbs													Harvest fresh herbs the majority of the year in the grow tent.	
Dill													Fresh dill at all times. Remove plants when they flower. Sow continuously from early spring to autumn.	
Fennel													Bolts and grows seed stalks when it is hot. Easier when grown from seedlings, but can also be sown directly.	
Parsley and chives													Thrive well - also in shadow. When the frost is not too hard, you can have fresh parsley and chives all year.	
Other herbs													Most herbs thrive in the grow tent. Remember to trim them to create space for others.	
Cabbage													Free of destructive larva. Plant between lettuces or as early/late season crop.	
Cauliflower, broccoli, spring cabbage													Growing seedlings is the easiest method.	
Kale, white- and red cabbage, Brussels sprouts													Takes up much space in the bed. But you could plant cabbage seedlings as late-season crop in July-August.	
Chinese cabbage and pak-choi													Perfect for growing in late summer or autumn.	
Root vegetables													Without any worms! Particularly suited for grow tent growing.	
Carrot													Easy to grow. Healthy and delicious to eat crunchy and crisp.	
Parsnips Hamburg parsley													Wonderful root vegetable, but takes long to mature. Can also be sown autumn and harvested in the spring.	
Radishes													Bolts and grows seed stalks when it is hot. Grow in early spring and autumn or try greenhouse varieties.	
Beetroot													Sow continuously. If they are left for too long, they become too large. Incredibly easy to grow.	
Celery root													Easy to grow, but takes long to mature.	
Salsify													Tastes a little like asparagus. Easy to grow. Can be harvested the entire year.	
Greenhouse plants													Thrives perfectly in grow tent, where good aeration is possible.	
Cucumber													Let the plants climb along top profile. Cut back hard.	
Aubergine													Lovely on the grill. Easy to grow.	
Chili and bell peppers													Thrives in grow tent. Experiment with different varieties.	
Tomato													Bush tomato = 75 cm high. All varieties can be pruned and led along the top profile to produce greater yield.	
Flowers													Sow, grow seedlings or plant all kinds of flowers. Thrive particularly well in the grow tent.	
Strawberries													Harvest the first berries one month earlier.	